



604-684-8171



info@411seniors.org



www.411seniors.org



**411**  
SENIORS  
centre society

Informed and Connected

For over 40 years, the **411 Seniors Centre Society** has been dedicated to the well-being of those aged 55 and older. We are a vibrant and inclusive community hub where people meet, socialize and organize around issues important to older adults.

411 offers a range of free senior-led services and low-cost programs that mobilize older adults' diverse strengths, talents, interests, and expertise enabling older adults to live independent lives and thrive in the community.

We are open from **Monday to Friday** from **9:00 AM to 4:00 PM**.

Learn more about 411 and how to get involved by visiting our website or visit us in person at our new centre at **3502 Fraser Street** in East Vancouver!



WELCOME TO THE...

**411**  
**SENIORS**  
**CENTRE**  
**SOCIETY**