IMPORTANT NOTICE:

PROGRAM CLASSES WITH AN INSTRUCTOR ARE \$2.50 PER CLASS IF YOU PURCHASE A 12- OR 6-SESSION CLASS PASS OR DROP-IN **FEE IS: \$3 PER CLASS**

ANY PROGRAM THAT DOES NOT NEED AN INSTRUCTOR HAS A \$1

FEE: BOOK CLUB, CANASTA, BINGO CARDS & GAMES, KNITTING, WALKING CLUB, UKULELE SING-ALONG, KARAOKE SING-ALONG, AND MORE.

PLEASE ASK THE FRONT DESK FOR MORE INFORMATION.

We expect everyone to be a member to participate. Fees are paid to 411, not the instructor. You must register and pay for the class. If you are on a waiting list, you do not have to pay until you join the class. Program fees/cards cannot transfer to other classes. Refunds are granted when there are circumstances beyond your control (weather, severe sickness).

SPECIAL EVENTS

HOLIDAY LUNCH (PRICE TBD)

Pre Registration Required | FRIDAY, DECEMBER 19TH FIRST SERVING 11:30 am - 12:30 pm SECOND SERVING 1:30 pm - 2:30 pm

SANTA'S BREAKFAST BRUNCH (\$12) Registration Required MONDAY, DECEMBER 22ND @ 10:30 am - 12:30 pm

NEW YEAR'S CELEBRATION IN NOVA SCOTIA (\$20) Wednesday, December 31 from 5:30 PM - 8:30 PM We invite you for a Special Event here at the Centre after hours.

WORKSHOP 1: SEASONAL AFFECTIVE DISORDER

By: Indigo Pharmacy Mid- Main

TUESDAY, DECEMBER 2ND 1:00 - 3:00 PM

WORKSHOP 2: STROKE

By: Cosco

TUESDAY, DECEMBER 9TH 1:00 - 3:00 PM

WORKSHOP: "Christmas is for the Birds" MAKING

CHRISTMAS DECORATIONS By: Sally Grant

TUESDAY, DECEMBER 16TH 1:00 - 3:00 PM

 EVENT: GRANDPARENTS AND GRANDCHILDREN **CHRISTMAS COOKIE DECORATION (\$2)**

TUESDAY, DECEMBER 23RD 1:00 - 3:00 PM

SERVICES

TAX CLINIC FOR SENIORS

WEDNESDAYS by APPOINTMENT 9:00 AM - 4:00 PM

INFORMATION AND REFERRAL SERVICES

MONDAYS to THURSDAYS 10:00 AM - 2:00 PM

Please make an appointment for these two services

NEW PROGRAMS

YOU MUST BE A MEMBER TO REGISTER AND PAY FOR EACH PROGRAM IN ORDER TO PARTICIPATE

LUNCH AT NOON (\$6)

4 DAYS/WEEK 12:00 PM - 1:00 PM TUESDAY, WEDNESDAY, THURSDAY, FRIDAY

• (M.E.L.T) MEET, EAT, LEARN, TEACH (\$5)

ONLY ON MONDAY, DECEMBER 8 1:00 - 4:00 PM

SEWING CLASSES

EVERY MONDAY 1:00 - 3:00 PM

• BIRTHDAY CELEBRATION

THURSDAY, DECEMBER 18

10:00 am - 12:00 pm

• DAY TRIP: REGISTRATION REQUIRED - ONLY 10 **SEATS AVAILABLE**

BURNABY VILLAGE CHRISTMAS OUTING (\$10)

THURSDAY, DECEMBER 11 11:00 am - 3:00 PM

VANDUSEN FESTIVAL OF CHRISTMAS LIGHTS (\$15)

TUESDAY, DECEMBER 16 4:30 - 6:00 pm

COFFEE DROP-IN

411 SENIORS CENTRE COFFEE DROP-IN **EVERY TUESDAY** 1:00 - 3:00 PM AND KINGSGATE MALL COFFEE DROP-IN **EVERY THURSDAY** 1:00 - 3:00 PM

KINGSGATE MALL Address: 370 E Broadway Unit 114 FREE, NO REGISTRATION NEEDED for those two programs



JEWELLERY BAZZAR Tuesday, December 16 11:00 am - 3:00 pm







- 3502 Fraser Street
- (604) 684-8171
- 411seniors.org

DECEMBER 2025 WINTER EDITION

To register for 411 Seniors Centre programs & services, visit or contact us at:

604-684-8171

411seniors.org

3502 Fraser Street, Vancouver BC **OPEN MONDAY TO FRIDAY** 9:00 AM-4:00 PM

We welcome the community to visit us and participate!

